

Dear Veteran,

Welcome! Thank you for your interest in lessons at Heritage Christian Stables. Attached you will find the mandatory paperwork that must be completed to enroll. For new riders, once we receive the paperwork, we will schedule an evaluation to ensure that we can safely accommodate you in our program, recommend the proper class, develop goals, and create good participant/horse/volunteer teams. All forms must be updated annually and returned to Heritage Christian Stables January 1<sup>st</sup>. Please keep information pages for future reference.

## Mail Completed Forms to: Heritage Christian Stables P.O. Box 200 Webster, NY 14580 Fax to: 585-872-4847 Emailed to: stablesrider@heritagechristianstables.org

#### **Enrollment**

Participants are scheduled in compatible groups according to the lesson schedule. If Heritage Christian Stables is unable to accommodate a participant that has been evaluated and accepted into the program, the participant will be placed on a wait list until an appropriate time slot becomes available. Participants will be accommodated according to compatibility, time availability, and horse usage.

#### Lesson Duration

The duration of the lesson is based on the number of participants. One participant will have a 30-minute lesson, 2 participants will have a 45-minute lesson, and 3+ participants will have an hour lesson.

#### **Clothing & Accessories**

All participants must wear an ASTM-SEI approved helmet manufactured within 5 years while participating in lessons. Heritage Christian Stables has riding helmets available, though we encourage everyone to have their own when possible. Long pants and hard soled shoes with heels are preferred for independent riders, but sneakers are acceptable for non-independent riding. Proper footwear is required at the stables; shoes that expose feet (crocs, sandals, flip flops) are unsafe and will result in ineligibility to ride. Long hair may need to be tied back and any dangling jewelry, or extra-long jackets might need to be removed.

#### Food

No gum or candy is allowed as they can pose a choking hazard.

#### \*Heritage Christian Stables is located at 1103 Salt Road, Webster, NY 14580\*



**Operated by Heritage Christian Services** 

### PARTICIPANT AVAILABILITY FORM

Name:	Da	te:	
Has the Participant had prior experience with horses?	YES	NO	
If you answered yes; when and where?			

#### REQUIRED: In the event of a lesson cancellation at HC Stables, who is the best person to contact?

Name:	Phone:	Can we text?

Please check ALL the times you can participate in a lesson. Be accurate regarding the time you can arrive. Checking all options does not mean that you would participate in all those times but gives us more flexibility in scheduling. You will be contacted to confirm your time.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10 AM-11 AM						
11 AM- 12 PM						
12 PM- 1 PM						
1 PM – 2 PM						
2 PM – 3 PM						
3 PM – 4 PM						
4 PM – 5 PM						
5 PM – 6 PM						
6 PM – 7 PM						
7 PM – 8 PM						

Signature (of person completing form): \_\_\_\_\_

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### PARTICIPANT'S BEHAVIORS AND GOALS

HORSEBACK RIDING OR UNMOUNTED GOALS (What does the participant want to accomplish?)

Describe the participant's abilities/struggles in the following areas (including assistance or equipment required/needed).

**PHYSICAL FUNCTION** (mobility skills such as transfers, walking, wheelchair use, driving/bus riding)

SOCIAL FUNCTION (interests, family structure & supports, companion animals, fears and concerns, etc.)

#### **GENERAL BEHAVIOR CHARACTERISTICS**

#### **ADDITIONAL INFORMATION**

Signature: \_\_\_\_\_

(Self or Legal Guardian)

\_\_\_\_\_Date: \_\_\_\_\_



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## AUTHORIZATION FOR EMERGENCY MEDICAL TREATMENT

Name:	DOB:	Pronoun	s:
Address:			
Street	City	State	e Zip
Physician's Name:	Me	dical Facility:	
Health Insurance Company:			
Allergies to Medications:			
Current Medications & Dosages, including	; OTC:		
Caregiver Information Name:			
Address (if different than above):			
Street		City	State Zip
Home Phone:	Cell Phone:		
Name of Participant School/Employer:		Pho	one:
In case of emergency and caregiver is una	vailable, please conta	act:	
Name:	Relationship:	Pho	ne:
Name:	Relationship:	Pho	ne:
In the event of an emergency medical aid	d/treatment is requir	ed due to illnes	s or injury during
center activities, or while on the prop	perty of the agency	, I authorize H	eritage Christian
Services/Stables to:			
1. Secure and maintain medical treat	ment and transporta	tion if needed.	
2. Release participant records upon r	equest to the author	ized individual o	r agency involved
in the medical emergency treatme	ent.		
C	ONSENT PLAN		
This authorization includes x-ray, surge	ery, hospitalization, n	nedication, and a	any treatment
procedure deemed "life-saving" by the	e physician. This provi	sion will only be	invoked if the
person(s) abo	ve is unable to be rea	ched.	
Consent Signature:		Date:	
Self or Legal Gu	ardian		



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### PARTICIPANT'S APPLICATION AND HEALTH HISTORY

Today's Date: / /						
Name:	Preferred Name: Age:					
DOB: / /	Geno	der:	М	F	Prefer Not to	Say
Height: Weight: Ibs	5.					-
*200lb weight limit for mounted activities variable depe		ambula	tory status,	ROM, and	discretion of instruc	tor
Primary Diagnosis:	Secondary Diagnosis:					
Date of Onset: / /						
Address:						
Street		City			State	Zip
Phone:						
Legal Guardian (i.e. parent, self):					hone:	
Address (if different than above):						
Street				City	State	Zip
**If you are your own legal guardian, do y						No
If no, Contact Name:				Phone:		
Tetanus Shot Yes No			Date			
HEALTH HISTORY						
Does the participant	YES	NO		C	Comments	
Have vision/hearing difficulties?						
Have altered sensation? (specify)						
Have a fear of animals/horses?						
Have a history of seizures?						
Follow simple directions?						
Have speech or language difficulties?						
Have heart/circulation problems?						
Have breathing problems or allergies?						
Have digestion or elimination problems?						
Have emotional/behavioral problems?						
Have bone/joint problems?						
Walk independently?						
Have decreased strength/endurance?						
Have difficulties with thinking/cognition?						
Have poor balance? (sitting/standing)						
Have pain?						
Have limited range of motion?						
Have problems with fine motor skills?						
Have problems with gross motor skills?						



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#### **MEDICAL HISTORY & PHYSICIAN'S STATEMENT**

*TO BE COMPLETED BY PHYSICIAN*						
Participant	DOB		_Height Weight			
Address:						
Street	City				2	•
Diagnosis				Date of On	set	
Past / Prospective Surgeries						
Medications						
Seizure Present Y N Seizure Type						
Shunt present Y N Date of last revision						
Special Precautions / Needs Mobility: Independent Ambulation Y N	A			NI \A/l-		
Proces (Assistive devices:	Assiste	a Ambi	ulation Y	IN VVIIE	eeichair Y	IN
Braces / Assistive devices: *For those with Down syndrome: Neurologic Sy	mntom	s of Atl	antoavial In	stability (Pl	ease Circle	
	mptom			y		
HEALTH HISTORY		Dute		У		
Please indicate current or past special needs in	the fo	llowing	systems/ar	eas, includi	ng surgerie	s. These
conditions may suggest precautions and contrain		-			1.6 54166116	
Does the participant	YES	NO		Comm	ents	
Have vision/hearing difficulties?						
Have altered sensation? (specify)						
Follow simple directions?						
Have speech or language difficulties?						
Have heart/circulation problems?						
Have breathing problems or allergies?						
Have digestion or elimination problems?						
Have emotional/behavioral problems?						
Have bone/joint problems?						
Have decreased strength/endurance?						
Have difficulties with thinking/cognition?						
Have poor balance? (sitting/standing)						
Have pain?						
Have limited range of motion?						
Have problems with fine motor skills?						
Have problems with gross motor skills?						
Have skin/integumentary issues?						
Have immunity issues?						
Other						
***To my knowledge, there is no reason why this pe	erson ca	nnot pa	rticipate in s	upervised e	quine activit	ies.
However, I understand that the center will weigh th	e medic	al infor	mation abov	e against the	existing	
precautions and contraindications.						
Name/Title					NP PA Othe	
SignatureDate	Lice	ense/U	PIN Numbe			
Address				Phone		



ices, Heritage Christian ovisual materials taken of r any other use for the on the Heritage Christian
ed notice to Heritage y to the extent that on this authorization.
Heritage Christian Stables. I es as well as activities in the d are greater than the risks nd/or administrators, waive ogram of Heritage Christian that I/my child may sustain osure or contraction of such.

(Self or Legal Guardian)

Print Name and Relationship \_\_\_\_\_\_



Heritage Christian Stables Operated by Heritage Christian Services

# Heritage Christian Stables Cancellation Policy

To ensure the best possible service to our participants, volunteers, and staff, any schedule changes from the rider must be expressed as soon as possible. Any changes in the lesson schedule must be made in writing and presented to the riding instructor or sent in an email to <u>stablesrider@heritagechristianstables.org</u> at least 24 hours prior to the start of the lesson in non-emergency situations. Any participant showing up 15 or more minutes late to their scheduled lesson time will be considered a cancellation. Participants must be accompanied by guardian/staff while at stables.

Any changes after 24 hours prior to the lesson will result in the complete payment of the lesson. Continual no-shows and unexcused absences will result in the loss of the participants lesson time slot. If Heritage Christian Stables cancels a lesson, a make-up credit will be given for that change.

Please note that for self-direction participants, missed lessons cannot be billed through selfdirection funds. The participant will be responsible for the missed lesson payment.

Signature (Participant or Parent/Guardian) \_\_\_\_\_

## PARTICIPANT COPY - PLEASE KEEP FOR YOUR RECORDS

January 1<sup>st</sup>, 2023

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